



Program Policies

This will be an intense summer of spiritual transformation and growth in pursuit of Christ and his purposes for your life. We trust you will have lots of fun and develop or strengthen significant, lasting friendships. We are also aware that this will be a stretching summer of growth. This is a TRAINING program designed to help you grow in your walk with God. Many of the things we are planning this summer will center on Paul's calling to Timothy, "Train yourself to be godly" (1 Timothy 4:7).

This program will be featuring three things Olympic athletes receive:

1. An environment of like-minded people...athletes train together to achieve their maximum potential.
2. An atmosphere of discipline...there are expectations for each athlete which will help in their training.
3. A coach...a person who helps train and develop; one who pushes, leads, encourages...does whatever it takes to see progress toward a desired outcome. The best coaches care about each athlete's success and it shows.

Most growth occurs through struggles and hardships. Expect at least one area of difficulty or struggle during the summer. As Hebrews 12:11 states, *"No discipline seems pleasant at the time but painful, later on it produces a harvest of righteousness and peace for those who've been trained by it."* The good news is that the steadfast love of God is ours in Christ, His great promises are unchanging, and God has given us one another to encourage joyful maturity. We are in this together and we are committed to seeing that we finish the summer well, launching into the next semester or season of life in pursuit of Christ and others.

This Summer Training Program has designed standards and policies to accomplish the goals of the program—your continued growth toward multiplying maturity in Christ! These standards are not necessarily policy for all environments, but are deemed necessary for a spiritual project of this nature in this context.

We are asking you to:

- 1) Be an encouragement and a servant to your teammates, co-workers, and others around you.
 - a. Look for opportunities to serve fellow SMR people, co-workers, and neighbors. (Phil. 2:3-4)
 - b. Have a teachable and humble heart. (1 Peter 5:5-6)
 - c. Program curfew: Be on site by 11pm and lights out in your room by midnight on weekdays (midnight and 1:00 am on Friday and Saturday nights).
- 2) Honor your employer by pursuing excellence and integrity in your job, regardless of circumstance or position. (Col. 3:23)

- 3) Respect and submit to the authority of Navigator staff, your team leader, and your employer by having a teachable heart and servant's attitude. (Hebrews 13:17)
- 4) Be a good steward of the facilities and your time. Please honor SMR and residence hall rules and policies. This includes maintaining a clean and orderly room. (Romans 13:1-2)
- 5) Remain focused on Jesus and your team this summer by not beginning a dating relationship. If you are already in a dating relationship with someone here at the program, we are asking you to consider your teammates as your primary relationships while you are here. (Matthew 6:33)
- 6) Do not be in bedrooms of the opposite sex—at any time, for any reason. This includes reservable rooms. If in a room with mixed gender, keep it with groups of three or more.
- 7) Remember that your friends and family that are not part of STP may not stay in your housing.
- 8) Create an environment of safety at the program. For insurance purposes, we are asking you:
 - a. Not to visit any bars or clubs while at the program—not including places like Chili's or Applebee's. No drinking will be allowed at any time.
 - b. Not to take part in any "extreme sports" such as bungee jumping, parachuting, parasailing, etc.
 - c. Not to receive any new tattooing or body piercing while at the program.
 - d. No unscheduled out of town trips. The Program Director will have to approve any exceptions for students/staff to not spend a night on site.
 - e. Don't hike alone, tell someone exactly which trail you'll be hiking (not just which national park) and what time they'll be back.
 - f. Be aware that bad storms roll in on taller mountains. You must be off any peaks by noon to avoid being caught in a dangerous situation. If a storm starts please get below the tree line as soon as possible and seek shelter.
 - g. Put out any fires you start and to be aware of the current burn restrictions.
 - h. If you encounter a moose, bear, mountain lion, etc. follow recommendations of how to maintain distance and be wise to stay safe.
- 9) Attend all program and team functions, as well as job requirements—on time, with positive attitudes. We are also asking you to pursue depth, excellence, and completion in all Bible studies and assigned verses for Scripture memory. We are asking each Team Member and Summer Staff Interns to spend 2-3 hours per week doing Bible study. (Phil 2:5-7, Col. 3:23)
- 10) Abstain from alcohol this summer (even if you are of legal drinking age) and abstain from illegal drugs. (Phil. 2:4)
- 11) Abstain from smoking and vaping.
- 12) Honor the Lord and serve others by your appearance. This goes beyond "what not to wear" to a heart-level posture of serving and caring for one another. With that in mind, please follow

these guidelines: Please wear modest clothing that brings attention to your face and not your body. (John 13:34-35, Phil. 2:3-4) Please exercise self awareness. When in doubt, seek the counsel of your team leader!

13) Follow these media and technology policies:

- a. TV- There will be no access to TV in your rooms. We want to build an environment that frees you to prioritize and remain focused as much as possible on pursuing Christ and others.
- b. Internet- Internet is available on YMCA property. In a context where various media allows for escape and diversion, please work to engage and invest your time well pursuing Christ and others this summer.
- c. Cell phones- Please take the posture of primarily investing in your relationships here, not at home or school. Honor your team, other participants, speakers, etc, by not browsing your phone during Bible study, 1-2-1's, or large group meetings.

14) Pay your Program Installments on time so the Program can pay all room/board and other expenses on time.

15) We will not be accepting cash this summer; however, we will accept credit/debit cards.

**these policies are subject to change prior to and during the Summer Training Program.*